

GARNTEG PRIMARY



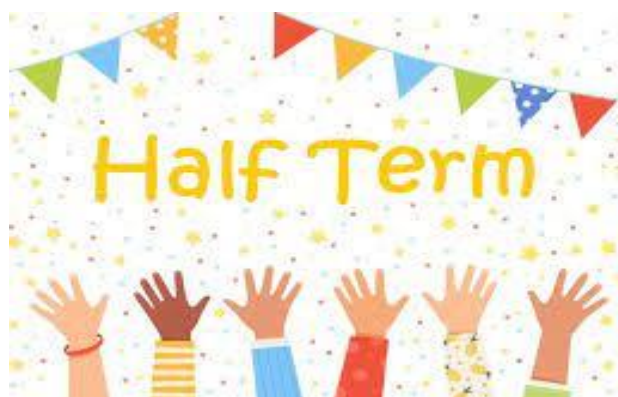
**GARNTEG PRIMARY SCHOOL**

Hillcrest Garndiffaith Pontypool Torfaen NP4 7SJ

01495 742934

[Garntegschool.office@torfaen.gov.uk](mailto:Garntegschool.office@torfaen.gov.uk)

[www.garntegprimary.co.uk](http://www.garntegprimary.co.uk)



Newsletter - 17<sup>th</sup> February 2023

Cylchlythyr - 17<sup>th</sup> Chwefror 2023

Value for this term is Appreciation



Gwerth am y term hwn yw: Gwertfawrogiad

Important Dates for your diary

HALF TERM - Monday 20.02.23 - Friday 24.02.23

School starts back - Monday 27.02.23

Remaining INSET DAYS

Friday 26<sup>th</sup> May 2023

Friday 21<sup>st</sup> July 2023

### Transition events with Abersychan School - further details to follow

Wednesday 8<sup>th</sup> March - Dance Workshop with Year 5

Tuesday 18<sup>th</sup> April - Year 4 Football & Netball Festival at Abersychan

Friday 28<sup>th</sup> April - Rugby session with WRU for Year 5

Wednesday 7<sup>th</sup> June - Taster Day at Abersychan for Year 4

Tuesday 15<sup>th</sup> June - Mini Olympics at Abersychan for Year 5

Monday 19<sup>th</sup> or Monday 26<sup>th</sup> June - Year 6 Taster days at Abersychan (dates to be confirmed)

Wednesday 5<sup>th</sup> July - Year 6 Moving Up day followed by Parents Evening at Abersychan

Dear Parents/Carers,  
Annwyl Rhieni a gofalwyr

### Potential Strike Action in Schools

The National Education Union has notified schools of their intended industrial action, which is scheduled for:

Wednesday 15<sup>th</sup> March 2023 and

Thursday 16<sup>th</sup> March 2023

We thank you for your understanding during this time. If there are any changes regarding this, we will of course let you know.

### Pupil Absence

All messages or emails regarding pupil absence must be made through the office telephone line, answerphone or email address [garntegschool.office@torfaen.gov.uk](mailto:garntegschool.office@torfaen.gov.uk) and not sent through class dojo. The message should give details of the absence/illness. The Education Welfare Service have asked us to contact all parents/carers for details of illness if the reason given is feeling unwell/ill/poorly.



### Registration

Doors are open for Registration at 8.40am and registration takes place in classes at 9.05am, please ensure your child is in class by 9.00am. Both gates are closed at 9.00am. Pupils who arrive after 9.30am will be marked as an unauthorised absence and could be referred to the Education Welfare Officer. A recurrence of late marks throughout any week will also be referred to the Education Welfare Officer.

## CAMHS Online Wellbeing Workshops

CAMHS online workshops are being offered during the February Half Term (February 20<sup>th</sup>-24<sup>th</sup>), open to all young people in Gwent. Young people can self-refer using the QR code or link below.

<https://forms.office.com/Pages/ResponsePage.aspx?id=uChWuyjjgkCoVkM8ntyPrspu20ezk75OuR4RBwcS3ulUN0IKQVBHVkZOR0FGSThaMU44SDk5QkhORC4u>

## CAMHS ONLINE WELL BEING WORKSHOPS

### 20th - 24th FEBRUARY 2023

CAMHS will be running a range of workshops on MS Teams in February Half Term 2023 for all children, young people and their families across Gwent. Please use the booking form/QR code below.

#### EXAM STRESS

1.5 hour workshop supporting students to understand what stress is, how it can present itself in the body and providing strategies to combat the impact of exam stress

**WHEN?**

- Monday 20<sup>th</sup> - 10:30am
- Wednesday 22<sup>nd</sup> - 3pm
- Friday 24<sup>th</sup> - 1 pm

#### 5 WAYS TO WELLBEING

1 hour workshop sharing tips and ideas on easy ways that students can actively improve their own well-being

**WHEN?**

- Monday 20<sup>th</sup> - 1pm
- Wednesday 22<sup>nd</sup> - 10:30am

#### UNDERSTANDING ANXIETY


1 hour workshop exploring what anxiety is and sharing strategies to manage feelings of anxiety in a positive way

**WHEN?**

- Monday 20<sup>th</sup> - 3pm
- Friday 24<sup>th</sup> - 10:30am

#### BOOKING INFORMATION

To register for one of the listed sessions, follow the Microsoft Forms link or scan the QR code below:




<https://forms.office.com/Pages/ResponsePage.aspx?id=uChWuyjjgkCoVkM8ntyPrspu20ezk75OuR4RBwcS3ulUN0IKQVBHVkZOR0FGSThaMU44SDk5QkhORC4u>

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## Support for Families from Welsh Water/Dwr Cymru

With February Half Term approaching, we know some families may be worried how they will afford daily essentials, as well as providing meals for their children who are off school.

Families who are eligible for The Pupil Development Grant and are in receipt of a **qualifying benefit** may also be entitled to help towards their water bills from Welsh Water.



**Dŵr Cymru  
Welsh Water**

**You could save up to £230 on your annual water bill.**

# Support for families

With half term approaching, we know some families may be worried how they will afford daily essentials, as well as providing meals for their children who are off school.



**Did you know?**

Families who receive the pupil development grant and are in receipt of a means tested or disability benefit may also be entitled to help towards their water bills.

**We're here to help**

Call us to talk through your options:  
**0800 052 0145**

Visit us online for more information:  
[dwrwymru.com/supportwithbills](http://dwrwymru.com/supportwithbills)

## Sleep support for families

If you have a child that doesn't sleep, doesn't like sleeping in their bed or doesn't have a bed time routine that works, then The National Sleep Helpline is here to advise, support and guide to help you and your child get that good night sleep. Please use details below.




## Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

**WE CAN HELP**

**03303 530 541**

Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am

**50%**

**Around 50% of children will have a sleep issue at some point\***

**WHAT IS THE NATIONAL SLEEP HELPLINE?**

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

**HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?**

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

**03303 530 541**

Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am




Copyright © 2022 The Sleep Charity. All rights reserved. The Sleep Charity is a charitable incorporated organisation registered with the Charity Commission under registration number 1152628. \*Figure of 2020 results for parents, Aug 2021

## Torfaen Play Half-Term Wellbeing Camp

Please apply using the link below.

[https://iweb.itsvision.com/portal/itsvision/r/customer/category\\_link?cuid=CCA8599AE222B64E553E3059431401AB98C0B98E&lang=EN&\\_LANG=en](https://iweb.itsvision.com/portal/itsvision/r/customer/category_link?cuid=CCA8599AE222B64E553E3059431401AB98C0B98E&lang=EN&_LANG=en)

The Play Service are delivering 7 Play and Wellbeing Camps during February Half Term. The dates the camp is running are on Monday 20<sup>th</sup> February, Tuesday 21<sup>st</sup> February, Wednesday 22<sup>nd</sup> February and Thursday 23<sup>rd</sup> February, the times are 10:00am-3:00pm.

Please note, this is not a childcare service but is free play and wellbeing opportunities for children aged 5-11 years.

This half term Torfaen Play are working with Torfaen Catering to offer a packed lunch for all the children attending if requested via the link, or children have the option to bring in a packed lunch from home.

Please note, we are limited on staff and if the priority pupils require 1:1 support we would only be able to offer identified days if support is in place.

**Torfaen Play & Short Breaks Service**  
Providing a variety of fun and interactive sessions in the heart of the community.

# Half Term Play & Wellbeing Camps

February 2023

FOR CHILDREN AGED 5 TO 11 YEARS  
**10:00AM TO 3:00PM**

Monday 20th February  
Tuesday 21st February  
Wednesday 22nd February  
Thursday 23rd February

**Blaenavon Heritage VC Primary School**  
Middle Coed Cae Road, Blaenavon, NP4 9AW

**Blenheim Road Community Primary School**  
Blenheim Road, St Dials, Cwmbran, NP44 4SZ

**Garnteg Primary School**  
Hillcrest, Garmdfalith, Pontypool, NP4 7SJ

**George Street Primary School**  
Wainfein Road, Pontypool, NP4 6BX

**Llantarnam Community Primary School**  
Llantarnam Road, Llantarnam, Cwmbran, NP44 3XB

**Nant Celyn Primary School**  
Henllys Way, Cwmbran, NP44 7DJ

**Penygarth Community Primary School**  
Penygarth Road, Pontypool, NP4 8JR

**Torfaen Play are providing an optional packed lunch, FREE OF CHARGE!**  
These must be pre booked during the application process.  
A refillable drink must be provided.

**SPECIALIST PLAY & RESPITE SESSIONS**  
(Specialist provision for children and young people with complex needs. These sessions are through referral process.)

**Glenside Community Hall**  
Glenside, Cwmbran, NP44 1BN

**Greenmeadow & St Dials Community Hall**  
(The Cockerel), Off Pandy, Greenmeadow, Cwmbran, NP44 4LA

**LIMITED SPACES AVAILABLE**  
To complete an expression of interest form please contact: [torfaenplay@torfaen.gov.uk](mailto:torfaenplay@torfaen.gov.uk)  
Please note application for your child must be completed prior to attending.

For more information contact: [torfaenplay@torfaen.gov.uk](mailto:torfaenplay@torfaen.gov.uk)

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**Chwarae Torfaen a Gwasanaethau Seibiannau Byr**  
Darparu amrywiaeth o seisiynau hysgus a rhyngweithio wrth graidd y gymuned

# Gwersylloedd Chwarae Alltes Hanner Tymor

Chwefror 2023

I BLANT 5-11 OED  
**10:00YB TO 3:00YP**

Dydd Llun 20 Chwefror  
Dydd Mawrth 21 Chwefror  
Dydd Mercher 22 Chwefror  
Dydd Iau 23 Chwefror

**Ysgol Gynradd Dreftadaeth Wirfoddol a Reoli Baenafon**  
Middle Coed Cae Road, Blaenavon, NP4 9AW

**Ysgol Gynradd Gymunedol Blenheim Road**  
Ffordd Blenheim, St Dials, Cwmbran, NP44 4SZ

**Ysgol Gynradd Garnteg**  
Hillcrest, Garmdfalith, Pontypool, NP4 6BX

**Ysgol Gynradd George Street**  
Ffordd Wainfein, Pontypool, NP4 6BX

**Ysgol Gynradd Gymunedol Llantarnam**  
Ffordd Llantarnam, Llantarnam, Cwmbran, NP44 3XB

**Ysgol Gynradd Nant Celyn**  
Ffordd Henllys, Cwmbran, NP44 7DJ

**Ysgol Gynradd Gymunedol Penygarth**  
Ffordd Penygarth, Pontypool, NP4 8JR

**NIFER CYPYNGEDIG O LEOEDD SYDD AR GAEL**  
I gwisgoedd ffurflen mynegi diddordeb cysylltwch â: [torfaenplay@torfaen.gov.uk](mailto:torfaenplay@torfaen.gov.uk). Nodwch fod rhaid cwbhau'r cais ar gyfer rith plantyn cyn mynychu.

**Mae Chwarae Torfaen yn darparu pecyn bwyd dewisol, yn RHAD AC AM DDIM!**  
Rhaid archebu'r rhain ymlaen llaw yn ystod y broses ymgeisio. Mae'n rhaid darparu diod i'w ail-fenni.

**SESIYNAU SEBIANT/SEBIANNAU BYR ARBENIGOL**  
(Darparueth arbennig i blant a phobl ifanc sydd ag anghenion cymhleth. Cynigir y seisiynau hyn drwy'r broses atgofbina yn unig.)

**Neuadd Gymunedol Glenside**  
Glenside, Cwmbran, NP44 1BN

**Neuadd Gymunedol Greenmeadow & St Dials**  
(Y Cockerel), oddi ar Pandy, Greenmeadow, Cwmbran, NP44 4LA

I gael rhagor o wybodaeth, eostwirch: [torfaenplay@torfaen.gov.uk](mailto:torfaenplay@torfaen.gov.uk)

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Supporting our community

Many thanks to those who attended our 'Grab N Go' session last week. We are arranging another event for March.

We are arranging a Coffee N Chat session for the 9th of March 2023, which will be on a Thursday.

There will be opportunities to speak to various people from within the community, as well as advice and support. Food parcels will also be available to collect.

So come join us for Coffee and a cake! We look forward to seeing you then



**Need a chat?**  
Come along to our coffee and chat session  
At Garnteg Primary, in the small hall

**Thursday  
March 9th  
1:30PM - 3PM**

There are many reasons to join us including:

- Garsychan Partnership,
- feminine poverty support
- fuels payment help,
- back to work advice
- financial advice
- uniform donations
- food parcels (GrabNGo)
- just need someone to talk to



# COME AND TRY RUGBY

## GARN M&J's

### RECRUITING ACROSS ALL AGES!

**100 YEARS OF RUGBY UP THE TUMP**

**UNDER 6's**  
(TINY TUMPER'S 4+)

**UNDER 7's**      **UNDER 8's**  
(TAG RUGBY)

**UNDER 9's**      **UNDER 10's**  
(EARLY CONTACT)

**UNDER 12's**  
(JUNIOR RUGBY)

**QUALIFIED & EXPERIENCED COACHES ✓**  
**SAFE AND WELCOMING ENVIRONMENT ✓**  
**NO EXPERIENCE REQUIRED ✓**      **LEARN NEW SKILL ✓**  
**BUILDING FRIENDSHIPS ✓**      **ACTIVE & SOCIAL FUN ✓**  
**GUARANTEED GAME TIME FOR EVERY PLAYER ✓**

For more information on Garn RFC and our teams you can find or contact us on social media. We look forward to seeing you!

**#GARNBUGBY      #100UTT      #BUGBYFUN**

## Attendance Winners - 6<sup>th</sup> February - 10<sup>th</sup> February 2023



Congratulations to Dosbarth 3 Miss Brown who were Foundation Phase attendance winners for last week with 98% and to Dosbarth 11 Mrs Messore who were Key Stage 2 winners for last week with 98.6%. **WELL DONE!**

## Attendance Figures 13<sup>th</sup> February - 17<sup>th</sup> February 2023

Overall attendance for this week is 93.2%.

Congratulations to the classes who reached our target of 95% ! **WELL DONE!**

We still all need to strive to reach our target of 95%!

This week's attendance figures are:

Year	% overall	Class	Percentage	Year	% overall	Class	Percentage
Nursery	83.7	0		3	96.5	6	96.7
Reception	91.4	1	90.37			7	96.3
		2	92	4	92	8	87.5
1	94.1	3	96			9	96.8
		2	92.7	4	92.6	5	96.1
5	92.8			11	94		
						6	94.1
				13	94.3		

## Seren Yr Wythnos 2023

Foundation Phase		Key Stage 2	
Class	Seren Yr Wythnos	Class	Seren Yr Wythnos

<b>Nursery - Mrs Attewell</b>	<b>Morning - Evlyn Afternoon - Noah W</b>	<b>Class 7 - Mrs Rogers</b>	Euan
<b>Class 1 - Mr Tully</b>	Isaac	<b>Class 8 - Miss Jones</b>	Amelia
<b>Class 2 - Miss Brooks</b>	Jay	<b>Class 9 - Mr Phillips</b>	Izabella
<b>Class 3 - Miss Brown</b>	William	<b>Class 10 - Mrs Lewis</b>	Leah
<b>Class 4 - Mrs Lee</b>	Rosie	<b>Class 11 - Mrs Messori</b>	Jacob and Isabella
<b>Class 5 - Mr Key</b>	Bailey	<b>Class 12 - Miss Bones</b>	Myah
<b>Class 6 - Miss Williams</b>	Shantel	<b>Class 13 - Mrs Parker-Evans</b>	Florence

**Nursery** - Gwaith da meithrin. This week, we have been getting busy with our Eisteddfod writing, drawings and singing practice. You have all been fantastic. You have also been so caring towards our guinea pigs, Strawberry and Brownie. We are looking forward to hearing all about your half term and can't wait to see your Eisteddfod crafts, please return them by Monday 27<sup>th</sup> February. Thank you for your continuous support and have a lovely half term 😊

**Dosbarth 1 & 2** - Bendegedig Dosbarth Un and Dau! You have had a fantastic term and have worked really hard learning new skills throughout the term. You have especially worked super hard on your Eisteddfod entries the last two weeks, and we are so proud of all your efforts you have made! Have a wonderful and safe half term.

**Dosbarth 3** - Bendegedig Dosbarth Tri! You have all worked hard this week preparing your work for the Eisteddfod. We have amazing writers, hand writers and artists in blwyddyn un. We would like to thank you for your continued support with your Childrens learning this half term and your continued effort with their reading and home learning tasks. We cannot wait to see your Eisteddfod craft creations on our return to school Monday 27<sup>th</sup> February. Enjoy your half term!

**Dosbarth 4 & 5** - What a fun filled half term we have had in year 2! We are really enjoying our topic "Gwyliau Gwych" and are looking forward to continuing with this after half term. We cannot wait to see your Eisteddfod craft creations on our return to school Monday 27<sup>th</sup> February. Enjoy your half term!

**Dosbarth 6 & 7** - Ffantastig Pawb for your superb efforts this half term you have really impressed your teachers with your work especially with your Eisteddfod entries. It has been lovely to see your handwriting entries as well as your wonderful story books, power points and posters about Wales. We cannot wait to see your wonderful home Eisteddfod crafts that you make at home. Have super half term and enjoy time with your families.

**Dosbarth 8 & 9** - It has been such a busy work working on our Eisteddfod entries in class. We have loved reading your stories and looking at your amazing art and craft work. Just a reminder that your model entries can be completed at home over the half term but need to be returned on the first Monday back (27<sup>th</sup> February) Enjoy your half term break and we will see you back in the classroom on Monday 27<sup>th</sup> February. It is going to be a busy time with our Eisteddfod, World Book Day and we will be starting our F1 in Schools project too.

**Dosbarth 10 & 11** - A huge well done to all the pupils in year 5 for their effort and hard work throughout this half term. The children are thoroughly enjoying the topic 'Star Gazers', and we look forward to working on this further next half term. Can all craft for the Eisteddfod be brought in to on Monday 27<sup>th</sup> so that it



can be judged ready for our Eisteddfod on Thursday 2<sup>nd</sup> March. On this day pupils can wear welsh clothes or something red or green. On Friday 3<sup>rd</sup> March we will be having World Book, again pupils can dress as their favourite book character. I hope you all have a lovely half term!

**Dosbarth 12 & 13** - What a fantastic half term we have had in Year 6! A massive well done for all your hard work! We have been busy preparing our Eisteddfod entries ready for our Eisteddfod after half term! Can Eisteddfod crafts made at home be returned to school on February 27<sup>th</sup> ready for judging. Also, a reminder that we are attending Crucial Crew on Monday 27<sup>th</sup> February. Continue to check Dojo and Twitter for updates. Have a lovely half term! We look forward to welcoming you back. Year 6 Team 😊

**Mrs Roche & all the staff at Garnteg Primary School**